

# HEAL YOUR SELF WITH WRITING

Mikael Yang

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### **Catherine Ann Jones - Californian Author & Writing Consultant**

Heal Your Self with Writing Paperback - August 1, Catherine Ann Jones holds a graduate degree in Depth Psychology and Archetypal Mythology from Pacifica Graduate Institute where she has also taught. Jones lives in Ojai, California, and leads The Way of Story and Heal Your.

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This post excerpts the introduction to Heal Your Self with Writing (Divine Arts, Aug /Sept ) by Catherine Ann Jones. Introduction. It's all right.

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